

Jerry Bridges – *Respectable Sins* NAVPRESS 2007

▪ **Opening Comments and Reading**

1. Note the book's subtitle – Confronting the Sins We Tolerate
2. If you were writing this book, what sins would you include?

▪ **Dealing with These Sins**

1. A _____ the G _____
2. D _____ upon the H _____ S _____
3. R _____ Your R _____
4. M _____ Appropriate S _____
5. P _____ About the S _____
6. Seek the H _____ of O _____ Believers

▪ **Anxiety (Worry) and Frustration**

1. What causes you to be anxious or to worry?
2. What passages come to mind reminding us not to be anxious or to worry?
3. Bridges explains that anxiety (worrying) is sinful for two closely-related reasons:
 - a. It is a d _____ of God.
 - b. It is a lack of a _____ of God's p _____ in our lives.
4. What causes you to get frustrated (Bridges' definition: "being upset or even angry at whatever or whoever is blocking our plans")?
5. What passages come to mind reminding us not to get frustrated?
6. Bridges suggests the following prayer when frustration occurs: "This circumstance is part of your plan for my life today. Help me to respond in a God-honoring way to your providential will. And please give me wisdom to know how to address the situation that frustrates me."